



# BIRLA OPEN MINDS

## INTERNATIONAL SCHOOL PAMPORE, KASHMIR



Senior Secondary School Affiliated with CBSE  
Registration No: 730118

**GRADE 7**  
**ACADEMIC PLANNER FOR THE MONTH OF APRIL**  
Value of the Month: Mindfulness  
"Our Life is shaped by our mind, but we become what we think" \_\_\_\_\_ Buddha

SUBJECT	WEEK1	WEEK2	WEEK3	WEEK4
<b>ENGLISH TEXT</b>	Hopscotch The Echoing Green (Poem)	Gulli-Danda Foolish Questions (Poem)	Those Six Days A trek Through the Himalayas	Around The World in 80 Days
<b>ENGLISH-GRAMMAR</b>	Nouns and their Kinds	Paragraph Writing	Sentences: Simple, Compound and Complex Similes	Transformation of Sentences
<b>ENGLISH-ACTIVITY</b>	Experiential Learning of Hopscotch	Notebook Checking	Notebook Checking	Cycle Test Almanac Checking
<b>MATHEMATICS</b>	Knowing our numbers(Integers) Integers Addition , subtraction and multiplication of integers Division of integers Properties of Addition and subtraction	Knowing our numbers(Integers) Properties of division of integers Counter examples Simplification of expressions	Fractions Introduction Multiplication of fractions Reciprocal of fractions Activity on fraction wheel	Fractions Division of fractions Mixed operations Word problems  Almanac Checking
<b>SCIENCE</b>	Chemicals and Chemical changes(Chemical substances, Chemical symbols, Symbols of some common elements, Atomicity, Chemical Formulae)	Chemicals and Chemical changes (Valency, Writing a chemical formula , Chemical Equation, writing a chemical equation )	Chemicals and Chemical changes (Balancing an equation, Chemical changes, Reaction between Vinegar and Baking soda, Reaction between Copper sulphate solution and Iron nails.) Heterotrophic nutrition and its types.	Chemicals and Chemical changes (Physical changes) Acids, Bases and Salts(Acidic Substances, Uses of Acids, Basic Substances)  Heterotrophic nutrition and replenishment of nutrients in the soil.
<b>ACTIVITY</b>	Nutrition and photosynthesis.  To show that rusting of iron requires both oxygen and water. Activity showing that green plants (containing chlorophyll) of a plant can Photosynthesize.	Conditions necessary for photosynthesis.  To prepare crystals of copper sulphate from an impure sample of copper sulphate Lab activity showing light and CO <sub>2</sub> are necessary for Photosynthesis. Note book making	AV lab  Note book Checking	Lab activity showing growth of fungi  Cycle test

ICT	Lab Rules, Chapter 1(computer Fundamentals) Computer languages, Binary number systems	Chapter 1(computer Fundamentals) Classification of software , open source initiative, Cycle test	Chapter 2(Formulas in excel) Performing calculation in excel, Elements of a formula, Hierarchy of operators	Chapter 2(Formulas in excel) Auto some feature, function, Error results Cycle Test Almanac Checking
GK	Similar, yet different! Current affairs	Of Legends & Lore Compo-quiz	A Clean India Current affairs	Text Book Checking Cycle Test Almanac Checking
URDU	مناجات (۱) نظم کا خلاصہ سوالات و جوابات نظمی تعریفیں نظم میں تاقیہ اور ردیف کے بارے میں جا نکاری دینا	اردو قواعد شمیر اور اسکی قسمیں کاپی چکنگ املا ( reading test ) کلاس ٹیسٹ	شیر و (۱) کہانی کا خلاصہ حسن سلوک سوالات و جوابات تذکرے کے بارے میں جا نکاری	استاد کا احترام اور ان کا کردار درو حاضر میں کاپی چکنگ املا کلاس ٹیسٹ Almanac Checking
HINDI	पुनः नया निर्माण करो (कविता) द्वारिका प्रसाद माहेश्वरी गतिविधि : कविता का सस्वर वाचन करना	नमक का दारोगा (कहानी) प्रेमचंद गतिविधि : विज्ञापन तैयार करना	व्याकरण : लिपि, वर्ण जोड़कर शब्द बनाना गतिविधि : चार्ट बनाना	लिखित परीक्षा, कौपी चेकिंग गतिविधियों की जांच Almanac Checking
KASHMIRI	سبق نمبر ۱ دعا سوالن بندی جواب تہ بیہ کتابی کام لیکھناونی	گرامر (Verb) کزاوت لیکھن تہ پزن بیچھناون کاپی چکنگ	سبق نمبر ۲ حضرت علی رضہ سوالن بندی جواب تہ بیہ کتابی کام لیکھناونی	کاپی چکنگ کلاس ٹیسٹ Almanac Checking
MUSIC	"If you miss the Train" (Song)			
ART	Draw and colour			
PHYSICAL EDUCATION	Martial art Training, Interhouse tournament, Recreational Games			
STUDENT WELLNESS PROGRAM	Introduction to the safety, Physical Activity on Safety			
<b>PARENT INVOLVEMENT ACTIVITY</b>				
Parent to choose an ideal Indoor location and complete a guided meditation for mindfulness with their children				

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